**Recommended Course Progression and Completion of the Athletic Training Major**

The following course progression (courses within the major) is ***recommended*** for Athletic Training Majors:

Candidate, Semester 1 Candidate, Semester 2

ATR 110 (1cr) ATR 241 (3cr)

ATR 125 (2cr) BI 201 (3cr)

HL 101 (1cr) ATR 201 (2cr)

PY 100 (4cr) CH (4-5cr)

1st Year Athletic Training Student 1st Year Athletic Training Student

Semester 1 Semester 2

\*\*ATR 292A (2cr) \*\*ATR 292B (2cr)

BI 202 (5cr) ATR 321(4cr)

ATR 320 (4cr) PE 315 (4cr)

HN 301a (2cr)

2nd Year Athletic Training Student 2nd Year Athletic Training Student

Semester 1 Semester 2

\*\*ATR 392A (3cr) \*\*ATR 392B (3cr)

ATR 380 (4cr) ATR 410 (2cr)

PE 317 (2cr) PE 417 (2cr)

ATR 360 (4 cr)

3rd Year Athletic Training Student 3rd Year Athletic Training Student

Semester 1 Semester 2

\*\*ATR 492A (4cr) \*\*ATR 492B (4cr)

ATR 490 (2cr) ES 470 (3cr)

HL 460 (4cr)

Course Key:

ATR 110 – Introduction to Athletic Training ATR 392A – Intermed. Pract in AT I

ATR 125 – Emergency Care for the HC Provider ATR 380 – Therapeutic Modalities

HL 101 – Medical Terminology PE 317 – Anatomical Kinesiology

ATR 241 – Prevention and Care of Injury PE 421 – Phys. Aspects of Cond. and Sp.- Good elective

BI 201 – Human Anatomy ATR 392B – Intermed. Pract in AT II

ATR 201 – Pathology and Pharmacology for the AT ATR 410 – Policies and Procedures in AT

ATR 292A – Intro. to Practicum in AT I HL 460 – Human Disease

ATR 320 Adv. Assessment Techniques in AT I PE 417 - Biomechanics

BI 202 – Human Physiology ATR 492A – Adv. Pract. in AT I

HN 301 A – Nutrition for Health Professionals ATR 490 – Seminar in AT

ATR 292B – Intro. to Practicum in AT II ATR 492B – Adv. Pract. in AT II

ATR 321 – Adv. Assessment Techniques in AT II PE 470 – Psych. Aspects of Athl. Perf.

PE 315 – Exercise Physiology

ATR 360 – Therapeutic Exercise and Rehab.

\*Sequence may be affected by schedule conflicts and course offerings. Students are reminded to meet with their academic advisor on a regular basis to be sure you are taking courses in an acceptable sequence.

This sequence will best optimize a student’s educational experience in the Athletic Training program because it introduces important concepts early in the student’s career. This ensures that the student will be able to utilize, in a clinical setting, much of what they have learned in the classroom.

\*\*Students are not permitted to take any of the practicum courses out of sequence. A student may register for a practicum class **by instructor permission only**. A student must have successfully completed all requirements of a practicum before they will be permitted to register for the subsequent practicum. Students will need a signed ADD card in order to register for practicum courses.